

About Bravehearts

Bravehearts
bravehearts.org.au

Bravehearts
bravehearts.org.au

Bravehearts is an Australian child protection organisation solely dedicated to the holistic and coordinated prevention and treatment of child sexual abuse.

Bravehearts works to educate, empower and protect children from sexual abuse. We do this through personal safety and consent education for children and young people, specialist counselling and support, child protection training and advisory, research and advocacy.

As one of Australia's most trusted charities, at all times we act with respect, integrity, energy, empathy and bravery, as we strive towards our Vision of a world where people, communities and systems all work together to protect children from sexual abuse.

Integrity
Respect
Energy
Empathy
Bravery

INFORMATION AND SUPPORT LINE

Freecall

1800 272 831

(Monday to Friday 8:30am - 4:30pm AEST)

bravehearts.org.au



BRAVEHEARTS HEAD OFFICE

PO Box 575, Arundel BC, QLD, 4214

E admin@bravehearts.org.au

P 07 5552 3000 F 07 5552 3088

ALL DONATIONS OVER \$2 ARE TAX DEDUCTIBLE

ABN: 41 496 913 890 ACN: 607 315 917

About Us



What we do

We **educate, empower** and **protect** by:

- Teaching children and young people about personal safety and body ownership through our education program, Ditto's Keep Safe Adventure Show.
- Helping young people navigate issues such as respectful relationships, consent and online safety through our ProjectYou! workshops.
- Supporting survivors of child sexual abuse and their families with specialist counselling, case management and advocacy.
- Training and advising educators, institutions and organisations in child protection best-practices.
- Using evidence-based research to advocate for legislative reform that works in the best interests of children.
- Breaking the silence around child sexual abuse through community education and public awareness campaigns.

Why we do it

- Child sexual abuse affects all races, economic classes and cultural groups. Children of all genders and ages are abused, including toddlers and babies¹.
- Approximately 1 in 5 children will experience child sexual abuse².
- In at least 90% of child sexual abuse cases, the offender is known to the family³.
- Children rarely lie about sexual abuse. In 98% of all child abuse cases reported to officials, children's statements were found to be true⁴.
- A child aged 0-9 years is approximately 40 times more likely to be the victim of sexual abuse than of kidnapping or abduction⁵.
- Approximately 1 in 3 cases of child sexual abuse are instigated by other young people⁶.
- Providing specialist counselling and support to survivors of child sexual abuse helps reduce the effects of trauma, which can include post-traumatic stress disorder, alcohol and substance abuse, eating disorders, self-harm and suicidal ideation.

How you can help

Join our regular giving program

Setting up a monthly gift to Bravehearts is a simple way to support our work and help prevent child sexual abuse.

Support us through workplace giving

An easy way to make a real difference, workplace giving allows you to make a direct, pre-tax donation of your choice from your gross salary each pay day.

A gift that will make a difference

A one-off donation of any size will help fund our vital education and support services.

Fundraise to protect children

Bravehearts holds major fundraising events throughout the year you can get involved in, or host a fundraising event of your own! Our team will provide you with resources and support to assist your fundraising journey. Just get in touch!

Contact us!



bravehearts.org.au



fundraising@bravehearts.org.au



07 5552 3000

References: 1. James, 2000; Centre for Disease Control & Prevention, 2006; Collin-Vézina, Daigneault, & Hébert, 2013; Dube et al., 2005. 2. JPrice-Robertson, Bromfield and Vassallo, 2010; Mills, Kisely, Alati, Strathearn, & Najman, 2016; Royal Commission into Institutional Responses to Child Sexual Abuse, 2017. 3. Australian Bureau of Statistics 2017. 4. O'Donohue, Cummings & Willis, 2018. 5. Australian Bureau of Statistics, 2019. 6. Der Bedrosian, 2018; McKibbin, 2017; Finkelhor, Ormrod & Chaffin, 2009.