Who are we?

Bravehearts is an Australian child protection organisation solely dedicated to preventing and treating child sexual abuse.

Founded in 1997, Bravehearts' services include personal safety education for young children, specialist counselling and support for those affected by child sexual abuse, online child protection courses, research and advocacy.

As a trusted Australian charity, at all times Bravehearts acts with respect, integrity, energy, empathy and bravery, as we strive towards our Vision of a world where people, communities and systems all work together to protect children from sexual abuse.



Bravehearts
bravehearts.org.au

Integrity

Respect

Energy

Empathy

Bravery

Information and Support Line

1800 272 831

(Monday to Friday 8:30am - 4:30pm AEST)

bravehearts.org.au

BRAVEHEARTS HEAD OFFICE

PO Box 575, Arundel BC, QLD, 4214

E bisl@bravehearts.org.au

P 07 5552 3000 F 07 5552 3088

ALL DONATIONS OVER $2 ARE TAX DEDUCTIBLE

ABN: 41 496 913 890 ACN: 607 315 917

Bravehearts
bravehearts.org.au

About Us



What we do

Bravehearts works to prevent and treat child sexual abuse through:

- Teaching children personal safety skills through our education program, Ditto's Keep Safe Adventure.
- Providing free and accessible resources and information related to the prevention of child sexual abuse to parents and carers.
- Supporting victim-survivors of child sexual abuse and their non-offending families with specialist counselling.
- Working with young people who have engaged in harmful sexual behaviours.
- Providing child protection training for those working with and around children and young people.
- Using evidence-based research to underpin our programs and advocate for legislative reform.
- Breaking the silence around child sexual abuse through community education and public awareness campaigns.

Why we do it

- More than **1 in 4 Australians (28.5%)** have experienced child sexual abuse[1].
- More than **1 in 3 Australian girls** and almost **1 in 5 Australian boys** experience child sexual abuse[2].
- Among Australian children who have been sexually abused, for **more than three-quarters (78%)**, it happened more than once[3].
- In **up to 90%** of child sexual abuse cases, the offender is known to the family[4].
- In **more than half** of cases (approximately 52%), the onset of child sexual abuse is from 0 to 8 years[5].
- **1 in 8 children** has sent a photo or video of themselves to someone they first met online[6].
- Approximately **1 in 3 cases** of child sexual abuse are instigated by other young people[7].
- **Providing specialist counselling** and support to victim-survivors of child sexual abuse helps **reduce the effects of trauma**, which can include post-traumatic stress disorder, alcohol and substance abuse, eating disorders, self-harm and suicidal ideation.

How you can help

Join our regular giving program
Setting up a monthly gift to Bravehearts is a simple way to support our work and help prevent child sexual abuse.

Support us through workplace giving
Workplace giving allows you to make a direct, pre-tax donation of your choice from your gross salary each pay day.

A gift that will make a difference
A one-off donation of any size will help fund our vital education and support services.

Fundraise to protect children
Bravehearts holds major fundraising events throughout the year that you can get involved in, or host a fundraising event of your own! Our team will provide you with resources to support your fundraising journey. Just get in touch!

Contact us!

bravehearts.org.au
fundraising@bravehearts.org.au
07 5552 3000

1-3) Haslam D, Mathews B, Pacella R, Scott JG, Finkelhor D, Higgins DJ, Meinck F, Erskine HE, Thomas HJ, Lawrence D, Malacova E. (2023). The prevalence and impact of child maltreatment in Australia: Findings from the Australian Child Maltreatment Study: Brief Report. Australian Child Maltreatment Study, Queensland University of Technology. 4) Australian Bureau of Statistics 2017; Quadara, Nagy, Higgins & Siegel, 2015 5) McElvaney et al,. 2020 6) Office of the eSafety Commissioner, 2022 7) Der Bedrosian, 2018; McKibbon, 2017; Finkelhor, Omrod & Chaffin, 2009